

Neighborhood Purposes Grant Application All Kids Bike Questions 4 & 5

4) Please describe the purpose and intent of the grant.

The purpose of this grant is to support the funding needed for a 50-school [All Kids Bike](#) (AKB) Kindergarten PE Learn-To-Ride Pilot Program within the Los Angeles Unified School District. This partnership is a priority for the Los Angeles Unified School District (LAUSD) Office of Wellness Programs, to enable the fun, freedom, confidence, and mobility for kindergartners in 50 schools, with the ultimate goal of integrating the Kindergarten PE Program into every elementary school in the district. With the support of the Neighborhood Purposes Grant and multiple Neighborhood Councils, All Kids Bike and LAUSD will be able to provide healthier, sunnier days to students when schools reopen this fall.

The [All Kids Bike Kindergarten PE Program](#) equips schools with everything needed to get their kindergartners rolling, including a fleet of 2-in-1 balance-to-pedal conversion bikes, kickstands, helmets, an integrative 8-lesson curriculum, and a 5-year support plan. The Kindergarten PE Program is suited to accommodate anticipated needs when students return, including:

- **Spatial awareness**- teaches the concept and understanding of “safe distancing” to a child.
- **Limited touch points**- specifically designated hand placement helps limit cross-class touch points.
- **Fosters overall health**- core muscle development, cardio activity, and mental motivation.

Bertrand Ave Elementary School in Reseda piloted the first Kindergarten PE Program in Los Angeles Unified School District this spring. [Principal Sylvia Guzman highlighted program benefits](#), including increased attendance, better classroom focus, and inspirational teacher collaboration. Principal Guzman hopes to see the program expand throughout the district and nation, and highly recommends it to other LAUSD administrators.

Los Angeles Unified School District Director of Wellness Programs, William Celestine, is eager to pilot the program in 50 additional schools in the 2020-2021 school year, stating: “We are excited to partner with All Kids Bike to bring this incredible level of engagement to our Los Angeles Unified School District (LAUSD) students. With the support of All Kids Bike, we are tackling childhood obesity by building confidence, muscle endurance, and self-esteem one student at a time, through riding!”

5) How will this grant be used to primarily support and serve a public purpose and benefit the public at-large. (Grants cannot be used as rewards or prizes for individuals)

The All Kids Bike Kindergarten PE Program allows for equity in gaining the experience of this life skill. All children in Los Angeles deserve the opportunity to learn to ride a bike despite any socioeconomic circumstances or access to safe biking areas. Biking is a skill that can provide transportation to school or their first job in the future. In addition, biking stimulates the mind, promotes heart health, and provides a variety of physical and mental health benefits. Moreover, [Principal Sylvia Guzman](#) alluded to the educational benefits, including enhanced classroom focus and increased attendance.

The Kindergarten PE Program does not just support kindergartners but can benefit the whole family and the broader community. Kids can be kids again, void of increased screen time and a stagnant lifestyle. Kids can be imaginative and reengage with nature. Families can go for walks, bike rides, and encourage

one another to be more active. The community can benefit from decreased traffic and road congestion, and experience clearer skies and cleaner air. This program will provide children with a healthy habit and passion for two wheels, which can initiate a healthy trajectory for an active lifestyle.

As Los Angeles begins to recover, each of us has the power to reshape it. The future is in the hands of our youth, and perhaps there is a future where bikes create a cleaner, safer, healthier, happier planet.